

DIKABELO TSALOAGO

— mopitlwe 2026 —



Fa o na le mathata le kabelo ikgolaganye le **BLACK SASH HELPLINE** go ka bona kemonokeng le kgakololo SESOLO:

“Mongwe le mongwe o na le tshwanelo ya go ka fitlhelela pabalesegoya loago, go akaretse thuso ya loago fa ba sa kgone go itlamela. Puso e tshwanetse go tsaya dikgato tse di isegang ka peomolao le tse dingwe gape, go ya ka ditlamelo tse di letlang go ka tlisa kgatelopele mo phitlhelelong ya nngwe le nngwe ya ditshwanelo tseno.” - Karolo ya 27 ya Molaotheo wa Aforika Borwa

Go ka utlwa ka ga dikabelo, leletsa
SASSA HELPLINE NUMBER: 0800 601 011



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Meftu ya Dithuso tsa Madi tsa Puso	Mosola	Ke mang yo a ka dirang kopo?	Boleng jwa Kabelo	Teko ya Bokgoni (Mogolo le diasset go ka kgona go bona kabelo)
Thuso ya Madi e e Puso e nayang go Tlhokomelo ya Bana 	Lotseno go ka tshegetsatsa bathlokamedi ba bana ba ba tlhokang	Parent or primary caregiver of children (age 18 and under). SA citizens + permanent residents + refugees.	R580	Mogolo: Motho yo o sa nyalang = R69 600 Banyalani= R139 200 Ga go teko ya tsa letlotlo.
Thuso Ya Madi e e Puso e nayang Tlhokomelo Ya Bana ba e leng Dikhutsana 	Lotseno go ka tshegetsatsa bathlokamedi ba ngwana o senang batsadi kgotsa khutsana (o tshwanetse go nna le taello ya kgotlatshekelo)	Batsadi ba ngwana/bana badi ngwaga tse fa tlase ga 18 (kgotsa go ya go 21 fa modirediloago a dumalana le seo) Baagi ba Aforika Borwa + banni ba seleruri + bafaladi	R1 290	Ga go teko ya bokgoni.
Thuso Ya Madi e e Puso e nayang Bathlokamedi 	Lotseno go ka tshegetsatsa bathlokamedi ba seleruri ba bana ba ba sa itekanelang mo tshaloganyong le mo mmeleng (seno se dirwa morago ga diteko tsa boitekanelo)	Motsadi kgotsa motlhokamedi kgotsa motsadi wa nama o tshwere wa bana ba mengwaga e le 1 go ya go 18 (eseng masea) Baagi ba Aforika Borwa + banni ba seleruri + bafaladi ba ba tlhokometseng ngwana nakwana	R2 400	Mogolo: Motho yo o sa nyalang = R288 000 Balanyani= R576 00 Ga go teko ya tsa letlotlo.
Thuso ya Madi e e Puso e nayang Batho ba ba nang le bogole 	Lotseno go ka tshegetsatsa bagolo ba ba sa kgoneng go itirela ka ntata ya go sa itekanelang ga tshaloganyo kgotsa mmele.	Bagolo ba 18 kgotsa go feta Baagi ba Aforika Borwa + banni ba seleruri + bafaladi	R2 400	Mogolo: Motho yo o sa nyalang = R112 200 Banyalani= R224 400 Letlotlo: Motho yo o sa nyalang = R1 584 000 Banyalani = R3 168 00
Thuso Ya Madi e e Puso e nayang Batho Bagolo 	Lotseno go ka tshegetsatsa banna le basadi ba ba godileng.	Dingwaga di le 60 kgotsa go feta Baagi ba Aforika Borwa + banni ba seleruri	R2 400	Mogolo: Motho yo o sa nyalang = R112 200 Banyalani= R224 400 Letlotlo: Motho yo o sa nyalang = R1 584 000 Banyalani = R3 168 000
Thuso ya ya madi e Puso e e nayang go Thusa 	Lotseno go ka tshegetsatsa batho (ba ba setseng ba bona kabelo ya batsofe; batswa-ntweng kgotsa digole) ba ba tlhokang thuso ya seleruri go tswa go mongwe	Bagolo ba 18 kgotsa go feta Baagi ba Aforika Borwa + banni ba seleruri + refugees ba ba sa l tekanelang mo mmeleng	R580	Ga go teko ya bokgoni.
Thuso ya madi e e Puso e e nayang bagale ba Ntwa 	Lotseno go ka tshegetsatsa banna le basadi ba ba nnileng le seabe mo ntweng ya 1, 2 le ya kwa Korea	Basadi = 60 kgotsa go feta Banna = 60 kgotsa go feta Baagi ba Aforika Borwa +banni ba seleruri	R2 420	Mogolo: Motho yo o sa nyalang= R112 200 Banyalani= R224 400 Letlotlo: Motho yo o sa nyalang= R1 584 000 Banyalani = R3 168 000

“Mongwe le mongwe o na le tshwanelo ya tiragatso ya tsamaiso e e mo molaong, e e isegang ebile e lolame ka dithulaganyo... mme mongwe le mongwe yo ditshwanelo tsa gagwe di patikilweng maswe ka tiragatso ya tsamaiso o na le tshwanelo ya go nwa mabaka a a kwadilweng.” –
Karolo ya 33 ya Molaotho wa Aforika Borwa